



# 2008 AEROSKOOOLS NATIONAL CHAMPIONSHIPS

Sydney Olympic Park  
Sydney Sports Centre, Homebush  
Tuesday 7<sup>th</sup> October 2008

## WORKPLAN



**Gymnastics**  
Australia



**Australian Government**  
**Australian Sports Commission**



Sydney Olympic Park, NSW

## **1. Competition Rules**

The official 2008 AEROSkools Rules and Guidelines can be found in the 2008 AEROSkools Resource Kit (Release 8).

## **Competition Equipment**

Equipment used in the Championships will be as follows:-

### **1. Competition Floor Surface**

Gymnastics Australia's official equipment supplier, ACROMAT, will construct a flooring system which measures 7m x 7m (square). The floor surface will be composed of rubber based wooden floor panels finished with a wooden laminated top surface that meets FIG requirements.

### **2. Stereo Sound System**

The system will allow for the playback of CD's. Gymnastics Australia will supply the AEROSkools music. Teams are only required to bring their music CD for training purposes.

## **2. Training**

All AEROSkools Training will be held in the main arena at the Sydney Olympic Park Sports Centre.

The following is a list of official training times. Note: AEROSkools training is included in the State Team Training times.

Monday 6<sup>th</sup> October 2008 State Team Training (including AEROSkools)

10.00am – 12.00pm	QLD
12.00pm – 2.00pm	VIC
2.00pm – 4.00pm	SA & WA
4.00pm – 6.00pm	NSW

Please note that Training **MUST** be completed by the times listed above. **NO EXTENSIONS** to training times can be negotiated.

Reminder: It is a State Delegation responsibility to co-ordinate and organise their own training session within the times listed above. A Gymnastics Australia representative will be present to assist, **NOT** co-ordinate your team.

### **3. Competition Warm-up**

Competitors and coaches can enter the warm-up area at 8.00am on the 7<sup>th</sup> October 2008. Athletes will not be allowed access to the competition floor. There will be four (4) 7m x 7m squares marked on the floor in the warm-up area.

### **4. Movement to and from the Competition Floor**

Athletes will move from the warm-up area to the marshalling area three (3) routines before they will compete

### **5. Backstage Preparation**

No formal backstage preparation schedule has been prepared. Athletes should be backstage a minimum of five (5) performances prior to their own and present to the Backstage Manager. Failure to present on the competition floor within a designated time after being announced could cause **DISQUALIFICATION. YOU MUST CHECK THE ORDER OF WORK AND BE PREPARED.**

### **6. AEROSkools Coaches Briefing**

The AEROSkools National Coordinator, Karon Williams, will conduct the Coaches Briefing in the backstage warm up area commencing at 8.30am on the 7<sup>th</sup> October. It is compulsory for the Head Coach (or their representative) be present for this briefing.

The following will take place at the Briefing:

- Changes to the Order of Work
- Competition Logistics will be explained
- Medical services explained
- Questions and answers

### **7. Judges Briefing**

A Judges Briefing will take place on Tuesday 7<sup>th</sup> October at 8.00am in Function Room 1 on the competition floor level of the Sydney Olympic Park Sports Centre. The briefing is compulsory for all judges who have been invited to officiate at the 2008 Championships.

The Briefing will be conducted by the Chairs of the Judges Panels – Karon Williams and Liz Lyons.

### **8. Order of Work**

The latest Order of Work will be handed to you at registration. Please check to make sure your listed entries are correct. The Order of Work will also be posted backstage so please ensure that you follow the competition so you know exactly when your teams will be competing.

It is very important that you follow the directions given by the Event Marshals.

The latest updated Order of Work can also be found on the AEROSkools website located at: [www.aeroskools.com.au](http://www.aeroskools.com.au) listed under Events.

## **GENERAL INFORMATION**

### **1. Championship Office**

The Championship Office will be located in Auditorium 1 at the Sydney Olympic Park Sports Centre (next to the reception office). The Championship Office will be open on the 7<sup>th</sup> October 2008 from 7.30am. All information and results can be collected from this office.

Only the Head of Delegation/Coach of each school will be able to collect all information, results and event t-shirts.

Each athlete will receive an event T-Shirt as part of their entry fee package. Your pre-ordered T-Shirts will be available for collection in the Championship office. Gymnastics Australia will only have a limited number of event T-Shirts on sale during the event. T-Shirt cost will be \$22.00.

### **2. Accreditation**

There will be formal accreditation cards issued for all personnel and competitors at this event. Accreditation will be issued when you register your teams on arrival.

Only athletes, coaches, judges and medical personnel will be accredited to the competition level of the Sydney Olympic Park Sports Centre.

### **3. Delegation Seating at the Competition Venue**

Seating has been made available for all athletes, officials, judges and event volunteers when not involved on the competition floor. Athletes, coaches, judges and officials not participating in a session are requested to assist by utilizing the spectator area to ensure that the warm-up area can remain free for competing athletes. There will be no access from the seating to the competition floor.

### **4. Medical Services**

Gymnastics Australia's Medical Officer will be in attendance throughout training and competition.

Hospital: Westmead Hospital  
Cnr Hawkesbury & Darcy Roads  
Westmead  
Phone 02 9845 5555

## 5. Medal Presentations

Medal presentations will be conducted at the completion of competition on Tuesday 7<sup>th</sup> October commencing at approximately 1.15pm.

All competing athletes are expected to be present for the Medal Presentations in either competition attire or school tracksuit. NO CASUAL DRESS ALLOWED.

## 6. Parking

P3 Parking Area will be available throughout the event. Each school will be issued with 2 passes to the parking area at the rear of the Sydney Olympic Park Sports Centre. The passes can be collected from the Championship office.

## 7. Athlete/Official Entrance

Sydney Olympic Park Sports Centre is a Ticketed Venue. All accredited Athletes, Coaches, Judges and medical staff will be required to enter via a ramp at the front of the venue. Entry will be monitored throughout the event. All other accredited delegation members will enter via the upper spectator entrance.

All team members must have their event accreditation with them at all times. Anyone with no accreditation will be required to purchase a spectator ticket to enter the spectator seating area.

## 8. Spectator Admission

All spectators will enter via the top door of the Sydney Olympic Park Sports Centre.

Entry Fees for spectators will be as follows:

	<b>1 Day</b>	<b>2 Days</b>
<b>Adult</b>	\$15	\$25
<b>Concession</b>	\$10	\$15
<b>Family</b>	\$40	\$65

## 9. Event Photographer

There will be an official event photographer present at all sessions. Photos taken from the event will be on display at the event for purchase and displayed on the photographer's official web site for the purchase after the event.

Gymnastics Australia reserves the right to use any of the images from the event in publications and promotions. Any objection must be made in writing to Gymnastics Australia.

Should there be any individuals who do not wish to have their images published on the website, team managers should advise the Championship Director – Russell Smart – who will liaise with the photographer.

Event Photographer: Sports Action Photographics

Website: [www.sportsaction.com.au](http://www.sportsaction.com.au)

## **PARTICIPATING SCHOOLS**

- Abbotsleigh NSW
- All Saint's Catholic College NSW
- Balwyn North Primary School VIC
- Bethel Christian School NSW
- Craigslea State High School QLD
- Freeman Catholic College NSW
- Heathdale Christian College VIC
- Hornsby Girls High School NSW
- Ivanhoe Girls Grammar VIC
- Kadina Memorial High School SA
- Loreto Mandeville Hall VIC
- Melbourne Girls College VIC
- Melbourne Grammar School VIC
- MLC Sydney NSW
- Mt Lilydale Mercy College VIC
- Mt St Michael's College QLD
- Nagle College NSW
- Oatley West Public School NSW
- Our Lady of Mercy College VIC
- Pakenham Consolidated School VIC
- Pascoe Vale Girls' College VIC
- Romsey Primary School VIC
- Somerville Baptist College WA
- St Margaret's School VIC
- Tara Anglican School for Girls NSW
- Tallebudgera State School QLD
- The Rockhampton Grammar School QLD
- Werribee Secondary College VIC
- Wonga Park Primary School VIC
- Woodleigh School VIC

## **PARTICIPATING STUDENTS**

Jessica Stewart  
Georgiana Brown  
Annabel Heard  
Cecilia Openheimer  
Evangeline Woodforde  
Melanie Roy  
Annabell Colwell  
Claudia Ware  
Claudia Rhodes White  
Claire Monk  
Nicole Foo  
Georgia Shaw  
Kathleen Evans  
Beth Alexander  
Lauren Openshaw  
Amanda Kindl  
Emma Baldwin  
Courtney Bicknell  
Patricia Woo  
Stephanie Darley

Abbotsleigh

Vanessa Barca  
Ellen Lowndes  
Kayla Jonassen  
Giuseppa Nastasi  
Natalie Barca  
Jessica Fernandes  
Gemma Tsakonar  
Gabrielle Quinn  
Olivia D'Argent  
Cristina Beretta  
Annette Vetrano  
Kallie Tzelios

All Saints Catholic Girls College

Lauren Ho  
Winora Guo  
Sarah O'Malley

Balwyn North Primary School

Avi  
Rachel  
Kat

Bethel Christian School

Rachel Jordan  
Jill Backer  
Miquela Chee  
Tayla Denning  
Kimberly Schade

Craigslea State High School

Stephanie Oliveri  
Jamie-Lee Curtale  
Elizabeth Nguyen  
Sarah Cane  
Claudia Boubeta  
Rebecca Morris  
Jennifer Belen

Freeman Catholic College

Chloe D'Angelo  
Susana Ellerton  
Katherine Ibrahim  
Courtney Katic  
Sarah Woolley  
Ebony Biden  
Keely Marsh  
Cassidy Pettigrew  
Ashlea Ephraums

Heathdale Christian College

Sammai Nguyen  
Rebecca Simpson  
Alexandra Croker  
Queena Wang  
Caroline Hu

Hornsby Girls High School

Chardon Bass  
Amelia Toohey  
Georgia Newland  
Alana Perna  
Alice Stooke  
Jade Dorrington  
Lauren Bliem  
Rachael Akhidenor  
Stephanie Amridis  
Rebekah England-Hill  
Monica Iannello  
Sophie O'Mara  
Elizabeth Hall  
Kasumi Borczyk  
Stephanie Lightfoot  
Estelle Major  
Natalia Anker  
Sarah Gennai-Garino  
Monique Lautee  
Amy Ying  
Hayley Curran  
Laura Johnson  
Ebony Van Shaik  
Argine Harutyunyan  
Kristen Mihalos  
Amelia Taylor

Ivanhoe Girls Grammar

Michelle Akhidenor  
Georgia Cogan  
Kaitlin Jempson  
Emily Livy  
Catherine Lobbe  
Claudia Goodliffe  
Keely Jende  
Sabine Clark-Hoffman  
Emily Amridis  
Georgia Bennett-Murphy  
Alessia Angello  
Sophia Walker

Sarah Bruce  
Tegan Roberts  
Andrea Anargyros  
Emma Bruce  
Tamara Woodley  
Tenille McDonald  
Tammy Dennis  
Paige Ilicevs  
Krysta Halse  
Casey Dolan  
Brianna Martin  
Cassandra Willis

Maria Harrison  
Francesca Torcasio-Barberis  
Isabella Delaney  
Bridie Greene  
Sarah White  
Amelia Freezer  
Ruby McLinden  
Maggie Rowsthorn  
Maddy Hillier  
Amelia Beaton  
Bronte Mathieson  
Aimee Dummett  
Adele D'Souza  
Alex Carson  
Emily Pakis  
Hannah Jones  
Katherine Papageorgio  
Ava Frawley

Eleanor Campbell  
Kate Lockett  
Vivienne Awosoga  
Monica Deasey  
Bridget Nielsen-Tuck

Kadina Memorial High School

Loreto Mandeville Hall

Melbourne Girls College

Mairead O'Connor  
Jasmin Lord  
Holly Ellis  
Gemma Music  
Camille Music  
Paige Wieselmann  
Saskia Cave  
Nicole Moores  
Annabel Muttdon  
Aimee Warrender-Sparkes  
Mia Albers  
Bella Fent  
R. Lord  
Georgia Brown  
Olivia Sampson  
Kate Goldberg  
Sophie Williams  
Jesse Walsh  
Madeline Borrello  
Monique Farmer  
Emily Sampson  
Elise Regan Gomm  
Maddy Johnston  
Joanna Hunt-Prok.  
Arminda Vladica  
Angela Ma

Lauren Mitchell  
Elise Ashley  
Alex Culliver  
Julia Velakoulis  
Claudia Trotter  
Laura Skillington  
Isabella Walker  
Paris Hazell

Samantha Panos  
Pauline Voukidis  
Stephanie Calligeris  
Sarah Hammond  
Isobel Graham  
Sarah Luedecke  
Dominique Glass

Briony White  
Tayla Kavanagh  
Brano Farley

Kate Ludinski  
Grace Herbert

Melbourne Grammar

MLC Sydney

Mt Lilydale Mercy College

Mt St Michael's College

Sarah Murphy  
Renaë Spence  
Laura Kane  
Laura Jones  
Jessica Marsh  
Ellen Murphy  
Stephanie Donaldson  
Kate Hawke  
Genevieve DeMichele  
Emma Rossi  
Luisa Grieco  
Kathleen Duff  
Phoebe Kurth  
Sarah Babington  
Emma Hambleton  
Emma Laing  
Bianca Polino  
Shari James-Aber  
Emily Simmons  
Taylor Reed  
Hannah Smith  
Zara Gannon  
Victoria McGuire

Carmen Tang  
Nicola D'Alessandro  
Reeba Thomas  
Madison Regan  
Sarah Copping  
Lesley Clark  
Molly Carroll  
Marijana Kresic  
Rebecca Horadam

Ellen Caukill  
Hannah Pentecost  
Alexandra Ratcliffe  
Sarah Rigg  
Rachel Tam

Tess Canals  
Ashlee Firth  
Alison Peirce  
Lilien Tran  
Laura Ryan  
Simona Agostino  
Brianna Collier  
Claire Sheridan  
Kelsey Hibberd  
Natascha Fasel-Murphy

Nagle College

Oatley West Public School

Our Lady of Mercy College

Maria Smith  
Amanda Mauceri  
Amalia Mauceri  
Sarah Retica  
Olivia Hoyne  
Jessica Casamento  
Melody grose  
Kate Telgenkamp

Jacqueline Keenan  
Naomi Wilson  
Kyana Cox  
Madison Worona  
Megan Marson  
Emily Kee  
Kirsten Trewarn

Holly Hudon  
Eloise Syaranamual  
Chantelle Sampson  
Shae Egan  
Vanessa Villani  
Lucy Hughes  
Erin Facchin  
Amanda Yew  
Allison Manefield  
Antoinette Iesue

Samantha Richardson  
Emily Canning  
Katy Quinn  
Lauren Connell  
Jessica Hoctor-Turner  
Elke Smith

Mykela Signorile  
Tarsha Signorile  
Alana Pondaag  
Kayla Palmer  
Lyndsey McDonald  
Jackie Hende  
Jessica Patterson  
Sam Grljusich

Millie Shone  
Hannah Quinn  
Eila Dessa  
Gabby Haynes  
Elise Hutchinson  
Ruby Hayes

Pakengam Consolidated School

Pascoe Vale Girls College

Romsey Primary School

Somerville Baptist College

St Margaret's School

Verity Cooper  
Caitlin Murphy  
Molly Delaney  
Sabrina Quinn  
Stephanie Murphy  
Chelsea Condon

Alexandra Lance  
Rachel Quick  
Karina Topolovec

Mia Farrow  
Rochelle Buschhueh;  
Larna Smith  
Amy Morrison  
Kim McDonald  
Taneeka Parker  
Bridie Anstee  
Nikala Hombsch  
Courtney Monsma  
Aymee Sleaford  
Mikayla Van Kampen  
Hayley Clark

Ellen Clark  
Lisa Parker  
Rebecca Skinner  
Laura Benson  
Aaron Shaw  
Greta Reid  
Lauren Beaumont

Ashlee Glazner  
Ashleigh Mills  
Rachael Ewert

Sara Disimone  
Abbey Dickson  
Monique Thomas  
Georgina Barnes

Alana Padula  
Sian Crowe  
Hannah Jurisic  
Micala McGeoch  
Hayley Maginness  
Kristina Hardner

Tara Anglican Girls School

Tallebudgera State School

The Rockhampton Grammar School

Werribee Secondary School

Wonga Park Primary School

Woodleigh School

Notes: