



2008 AEROSKOOOLS NATIONAL CHAMPIONSHIPS

**Sydney Olympic Park
Sydney Sports Centre, Homebush
Tuesday 7th October 2008**

WORKPLAN



**Gymnastics
Australia**



Australian Government
Australian Sports Commission

2008 AEROSKOOLS NATIONAL CHAMPIONSHIPS

WELCOME

Gymnastics Australia looks forward to welcoming you and your students to the 2008 AEROSkools National Championships, being held in Sydney, New South Wales on the 7th October 2008. The AEROSkools National Championships is part of the 2008 Sport Aerobics National Championships that includes teams from across Australia competing in the Levels, National and International divisions of competition. Over 700 participants will be competing in the 3 day event.

This Workplan provides detailed information about the AEROSkools National Championships for your team to ensure their event involvement is most enjoyable.

CHAMPIONSHIP PROGRAM

The 2008 AEROSkools National Championships will be conducted on Tuesday 7th October 2008.

Monday 6th October Training (if required)

Tuesday 7th October Coaches Briefing
Competition
Medal Presentations

GYMNASTICS AUSTRALIA COMPETITION PERSONNEL

Russell Smart	Event Director
Karon Williams	AEROSkools National Coordinator
Nerine Cooper	Sport Aerobics Program Manager

SPORT AEROBICS SPORT MANAGEMENT COMMITTEE

National Program Manager	Nerine Cooper
National Technical Director	Karon Williams
National Judging Coordinator	Liz Lyons
National Project Officer	Kerryn Cormick

COMPETITION INFORMATION

Competition Venue

Sydney Olympic Park Sports Centre
Olympic Boulevard

Sydney Olympic Park, NSW

1. Competition Rules

The official 2008 AEROSkools Rules and Guidelines can be found in the 2008 AEROSkools Resource Kit (Release 8).

Competition Equipment

Equipment used in the Championships will be as follows:-

1. Competition Floor Surface

Gymnastics Australia's official equipment supplier, ACROMAT, will construct a flooring system which measures 7m x 7m (square). The floor surface will be composed of rubber based wooden floor panels finished with a wooden laminated top surface that meets FIG requirements.

2. Stereo Sound System

The system will allow for the playback of CD's. Gymnastics Australia will supply the AEROSkools music. Teams are only required to bring their music CD for training purposes.

2. Training

All AEROSkools Training will be held in the main arena at the Sydney Olympic Park Sports Centre.

The following is a list of official training times. Note: AEROSkools training is included in the State Team Training times.

Monday 6th October 2008 State Team Training (including AEROSkools)

10.00am – 12.00pm	QLD
12.00pm – 2.00pm	VIC
2.00pm – 4.00pm	SA & WA
4.00pm – 6.00pm	NSW

Please note that Training MUST be completed by the times listed above. NO EXTENSIONS to training times can be negotiated.

Reminder: It is a State Delegation responsibility to co-ordinate and organise their own training session within the times listed above. A Gymnastics Australia representative will be present to assist, NOT co-ordinate your team.

3. Competition Warm-up

Competitors and coaches can enter the warm-up area at 8.00am on the 7th October 2008. Athletes will not be allowed access to the competition floor. There will be four (4) 7m x 7m squares marked on the floor in the warm-up area.

4. Movement to and from the Competition Floor

Athletes will move from the warm-up area to the marshalling area three (3) routines before they will compete

5. Backstage Preparation

No formal backstage preparation schedule has been prepared. Athletes should be backstage a minimum of five (5) performances prior to their own and present to the Backstage Manager. Failure to present on the competition floor within a designated time after being announced could cause **DISQUALIFICATION. YOU MUST CHECK THE ORDER OF WORK AND BE PREPARED.**

6. AEROSkools Coaches Briefing

The AEROSkools National Coordinator, Karon Williams, will conduct the Coaches Briefing in the backstage warm up area commencing at 8.30am on the 7th October. It is compulsory for the Head Coach (or their representative) be present for this briefing.

The following will take place at the Briefing:

- Changes to the Order of Work
- Competition Logistics will be explained
- Medical services explained
- Questions and answers

7. Judges Briefing

A Judges Briefing will take place on Tuesday 7th October at 8.00am in Function Room 1 on the competition floor level of the Sydney Olympic Park Sports Centre. The briefing is compulsory for all judges who have been invited to officiate at the 2008 Championships.

The Briefing will be conducted by the Chairs of the Judges Panels – Karon Williams and Liz Lyons.

8. Order of Work

The latest Order of Work will be handed to you at registration. Please check to make sure your listed entries are correct. The Order of Work will also be posted backstage so please ensure that you follow the competition so you know exactly when your teams will be competing.

It is very important that you follow the directions given by the Event Marshals.

The latest updated Order of Work can also be found on the AEROSkools website located at: www.aeroskools.com.au listed under Events.

GENERAL INFORMATION

1. Championship Office

The Championship Office will be located in Auditorium 1 at the Sydney Olympic Park Sports Centre (next to the reception office). The Championship Office will be open on the 7th October 2008 from 7.30am. All information and results can be collected from this office.

Only the Head of Delegation/Coach of each school will be able to collect all information, results and event t-shirts.

Each athlete will receive an event T-Shirt as part of their entry fee package. Your pre-ordered T-Shirts will be available for collection in the Championship office. Gymnastics Australia will only have a limited number of event T-Shirts on sale during the event. T-Shirt cost will be \$22.00.

2. Accreditation

There will be formal accreditation cards issued for all personnel and competitors at this event. Accreditation will be issued when you register your teams on arrival.

Only athletes, coaches, judges and medical personnel will be accredited to the competition level of the Sydney Olympic Park Sports Centre.

3. Delegation Seating at the Competition Venue

Seating has been made available for all athletes, officials, judges and event volunteers when not involved on the competition floor. Athletes, coaches, judges and officials not participating in a session are requested to assist by utilizing the spectator area to ensure that the warm-up area can remain free for competing athletes. There will be no access from the seating to the competition floor.

4. Medical Services

Gymnastics Australia's Medical Officer will be in attendance throughout training and competition.

Hospital: Westmead Hospital
Cnr Hawkesbury & Darcy Roads
Westmead
Phone 02 9845 5555

5. Medal Presentations

Medal presentations will be conducted at the completion of competition on Tuesday 7th October commencing at approximately 1.15pm.

All competing athletes are expected to be present for the Medal Presentations in either competition attire or school tracksuit. NO CASUAL DRESS ALLOWED.

6. Parking

P3 Parking Area will be available throughout the event. Each school will be issued with 2 passes to the parking area at the rear of the Sydney Olympic Park Sports Centre. The passes can be collected from the Championship office.

7. Athlete/Official Entrance

Sydney Olympic Park Sports Centre is a Ticketed Venue. All accredited Athletes, Coaches, Judges and medical staff will be required to enter via a ramp at the front of the venue. Entry will be monitored throughout the event. All other accredited delegation members will enter via the upper spectator entrance.

All team members must have their event accreditation with them at all times. Anyone with no accreditation will be required to purchase a spectator ticket to enter the spectator seating area.

8. Spectator Admission

All spectators will enter via the top door of the Sydney Olympic Park Sports Centre.

Entry Fees for spectators will be as follows:

	1 Day	2 Days
Adult	\$15	\$25
Concession	\$10	\$15
Family	\$40	\$65

9. Event Photographer

There will be an official event photographer present at all sessions. Photos taken from the event will be on display at the event for purchase and displayed on the photographer's official web site for the purchase after the event.

Gymnastics Australia reserves the right to use any of the images from the event in publications and promotions. Any objection must be made in writing to Gymnastics Australia.

Should there be any individuals who do not wish to have their images published on the website, team managers should advise the Championship Director – Russell Smart – who will liaise with the photographer.

Event Photographer: Sports Action Photographics

Website: www.sportsaction.com.au

PARTICIPATING SCHOOLS

- Abbotsleigh NSW
- All Saint's Catholic College NSW
- Balwyn North Primary School VIC
- Bethel Christian School NSW
- Craigslea State High School QLD
- Freeman Catholic College NSW
- Heathdale Christian College VIC
- Hornsby Girls High School NSW
- Ivanhoe Girls Grammar VIC
- Kadina Memorial High School SA
- Loreto Mandeville Hall VIC
- Melbourne Girls College VIC
- Melbourne Grammar School VIC
- MLC Sydney NSW
- Mt Lilydale Mercy College VIC
- Mt St Michael's College QLD
- Nagle College NSW
- Oatley West Public School NSW
- Our Lady of Mercy College VIC
- Pakenham Consolidated School VIC
- Pascoe Vale Girls' College VIC
- Romsey Primary School VIC
- Somerville Baptist College WA
- St Margaret's School VIC
- Tara Anglican School for Girls NSW
- Tallebudgera State School QLD
- The Rockhampton Grammar School QLD
- Werribee Secondary College VIC
- Wonga Park Primary School VIC
- Woodleigh School VIC

PARTICIPATING STUDENTS

Jessica Stewart
Georgiana Brown
Annabel Heard
Cecilia Openheimer
Evangeline Woodforde
Melanie Roy
Annabell Colwell
Claudia Ware
Claudia Rhodes White
Claire Monk
Nicole Foo
Georgia Shaw
Kathleen Evans
Beth Alexander
Lauren Openshaw
Amanda Kindl
Emma Baldwin
Courtney Bicknell
Patricia Woo
Stephanie Darley

Abbotsleigh

Vanessa Barca
Ellen Lowndes
Kayla Jonassen
Giuseppa Nastasi
Natalie Barca
Jessica Fernandes
Gemma Tsakonar
Gabrielle Quinn
Olivia D'Argent
Cristina Beretta
Annette Vetrano
Kallie Tzelios

All Saints Catholic Girls College

Lauren Ho
Winora Guo
Sarah O'Malley

Balwyn North Primary School

Avi
Rachel
Kat

Bethel Christian School

Rachel Jordan
Jill Backer
Miquela Chee
Tayla Denning
Kimberly Schade

Craigslea State High School

Stephanie Oliveri
Jamie-Lee Curtale
Elizabeth Nguyen
Sarah Cane
Claudia Boubeta
Rebecca Morris
Jennifer Belen

Freeman Catholic College

Chloe D'Angelo
Susana Ellerton
Katherine Ibrahim
Courtney Katic
Sarah Woolley
Ebony Biden
Keely Marsh
Cassidy Pettigrew
Ashlea Ephraums

Heathdale Christian College

Sammai Nguyen
Rebecca Simpson
Alexandra Croker
Queena Wang
Caroline Hu

Hornsby Girls High School

Chardon Bass
Amelia Toohey
Georgia Newland
Alana Perna
Alice Stooke
Jade Dorrington
Lauren Bliem
Rachael Akhidenor
Stephanie Amridis
Rebekah England-Hill
Monica Iannello
Sophie O'Mara
Elizabeth Hall
Kasumi Borczyk
Stephanie Lightfoot
Estelle Major
Natalia Anker
Sarah Gennai-Garino
Monique Lautee
Amy Ying
Hayley Curran
Laura Johnson
Ebony Van Shaik
Argine Harutyunyan
Kristen Mihalos
Amelia Taylor

Ivanhoe Girls Grammar

Michelle Akhidenor
Georgia Cogan
Kaitlin Jempson
Emily Livy
Catherine Lobbe
Claudia Goodliffe
Keely Jende
Sabine Clark-Hoffman
Emily Amridis
Georgia Bennett-Murphy
Alessia Angello
Sophia Walker

Sarah Bruce
Tegan Roberts
Andrea Anargyros
Emma Bruce
Tamara Woodley
Tenille McDonald
Tammy Dennis
Paige Ilicevs
Krysta Halse
Casey Dolan
Brianna Martin
Cassandra Willis

Maria Harrison
Francesca Torcasio-Barberis
Isabella Delaney
Bridie Greene
Sarah White
Amelia Freezer
Ruby McLinden
Maggie Rowsthorn
Maddy Hillier
Amelia Beaton
Bronte Mathieson
Aimee Dummett
Adele D'Souza
Alex Carson
Emily Pakis
Hannah Jones
Katherine Papageorgio
Ava Frawley

Eleanor Campbell
Kate Lockett
Vivienne Awosoga
Monica Deasey
Bridget Nielsen-Tuck

Kadina Memorial High School

Loreto Mandeville Hall

Melbourne Girls College

Mairead O'Connor
Jasmin Lord
Holly Ellis
Gemma Music
Camille Music
Paige Wieselmann
Saskia Cave
Nicole Moores
Annabel Muttdon
Aimee Warrender-Sparkes
Mia Albers
Bella Fent
R. Lord
Georgia Brown
Olivia Sampson
Kate Goldberg
Sophie Williams
Jesse Walsh
Madeline Borrello
Monique Farmer
Emily Sampson
Elise Regan Gomm
Maddy Johnston
Joanna Hunt-Prok.
Arminda Vladica
Angela Ma

Lauren Mitchell
Elise Ashley
Alex Culliver
Julia Velakoulis
Claudia Trotter
Laura Skillington
Isabella Walker
Paris Hazell

Melbourne Grammar

Maddy Guest
Charlotte Hay
Sarah Udovenya
Pepi Hosking
Taylor Fletcher
Kahlia Davis

Melbourne Girls Grammar

Samantha Panos
Pauline Voukidis
Stephanie Calligeris
Sarah Hammond
Isobel Graham
Sarah Luedecke
Dominique Glass

MLC Sydney

Briony White
Tayla Kavanagh
Brano Farley

Mt Lilydale Mercy College

Kate Ludinski
Grace Herbert
Sarah Murphy
Renaë Spence
Laura Kane
Laura Jones
Jessica Marsh
Ellen Murphy
Stephanie Donaldson
Kate Hawke
Genevieve DeMichele
Emma Rossi
Luisa Grieco
Kathleen Duff
Phoebe Kurth
Sarah Babington
Emma Hambleton
Emma Laing
Bianca Polino
Shari James-Aber
Emily Simmons
Taylor Reed
Hannah Smith
Zara Gannon
Victoria McGuire

Mt St Michael's College

Carmen Tang
Nicola D'Alessandro
Reeba Thomas
Madison Regan
Sarah Copping
Lesley Clark
Molly Carroll
Marijana Kresic
Rebecca Horadam

Nagle College

Ellen Caukill
Hannah Pentecost
Alexandra Ratcliffe
Sarah Rigg
Rachel Tam

Oatley West Public School

Tess Canals
Ashlee Firth
Alison Peirce

Our Lady of Mercy College

Lilien Tran
Laura Ryan
Simona Agostino
Brianna Collier
Claire Sheridan
Kelsey Hibberd
Natascha Fasel-Murphy
Maria Smith
Amanda Mauceri
Amalia Mauceri
Sarah Retica
Olivia Hoyne
Jessica Casamento
Melody grose
Kate Telgenkamp

Jacqueline Keenan
Naomi Wilson
Kyana Cox
Madison Worona
Megan Marson
Emily Kee
Kirsten Trewarn

Pakengam Consolidated School

Holly Hudon
Eloise Syaranamual
Chantelle Sampson
Shae Egan
Vanessa Villani
Lucy Hughes
Erin Facchin
Amanda Yew
Allison Manefield
Antoinette Iesue

Pascoe Vale Girls College

Samantha Richardson
Emily Canning
Katy Quinn
Lauren Connell
Jessica Hoctor-Turner
Elke Smith

Romsey Primary School

Mykela Signorile
Tarsha Signorile
Alana Pondaag
Kayla Palmer
Lyndsey McDonald
Jackie Hende
Jessica Patterson
Sam Grljusich

Somerville Baptist College

Millie Shone
Hannah Quinn
Eila Dessa
Gabby Haynes
Elise Hutchinson
Ruby Hayes
Verity Cooper
Caitlin Murphy
Molly Delaney
Sabrina Quinn
Stephanie Murphy
Chelsea Condon

St Margaret's School

Kate Nelson
Sally Hankin
Elizabeth Reilly
Cathryn Hamilton

Strathcona Girls College

Alexandra Lance
Rachel Quick
Karina Topolovec

Tara Anglican Girls School

Mia Farrow
Rochelle Buschhueh;
Larna Smith
Amy Morrison
Kim McDonald
Taneeka Parker
Bridie Anstee
Nikala Hombsch
Courtney Monsma
Aymee Sleaford
Mikayla Van Kampen
Hayley Clark

Tallebudgera State School

Ellen Clark
Lisa Parker
Rebecca Skinner
Laura Benson
Aaron Shaw
Greta Reid
Lauren Beaumont

The Rockhampton Grammar School

Ashlee Glazner
Ashleigh Mills
Rachael Ewert

Werribee Secondary School

Sara Disimone
Abbey Dickson

Wonga Park Primary School

Monique Thomas
Georgina Barnes

Alana Padula
Sian Crowe
Hannah Jurisic
Micalca McGeoch
Hayley Maginness
Kristina Hardner

Woodleigh School

Notes: