



# **2007 AEROSKOOLES NATIONAL CHAMPIONSHIPS**

**Sydney Olympic Park  
Sydney Sports Centre, Homebush  
Thursday 4<sup>th</sup> October 2007**

## **WORKPLAN**



**Gymnastics  
Australia**



**Australian Government**  
**Australian Sports Commission**

# 2007 AEROSKOOLES NATIONAL CHAMPIONSHIPS

## WELCOME

Gymnastics Australia looks forward to welcoming you and your students to the 2007 AEROSkools National Championships, being held in Sydney, New South Wales on the 4<sup>th</sup> October 2007. The AEROSkools National Championships is part of the 2007 Gymsport Spectacular that includes teams competing in Sport Acrobatics, Sport Aerobics and Cheerleading. Over 1600 participants will be competing in the week long event.

This Workplan provides detailed information about the AEROSkools National Championships for your team to ensure their event involvement is most enjoyable.

## CHAMPIONSHIP PROGRAM

The 2007 AEROSkools National Championships will be conducted on Thursday 4<sup>th</sup> October 2007.

Wednesday 3<sup>rd</sup> October                      Training (if required)

Thursday 4<sup>th</sup> October                      Coaches Briefing  
    Competition  
    Medal Presentations

## GYMNASTICS AUSTRALIA COMPETITION PERSONNEL

Russell Smart	Event Director
Helen Colagiuri	Event Administrator
Karon Williams	AEROSkools National Coordinator
Pam Behan	Sport Aerobics Program Manager
Ben Kerswill	Information Technology

## SPORT AEROBICS SPORT MANAGEMENT COMMITTEE

National Program Manager	Pam Behan
National Technical Director	Karon Williams
National Judging Coordinator	Liz Lyons
National Project Officer	Kerryn Cormick
National Project Officer	Ellie Bunn

## **COMPETITION INFORMATION**

### **Competition Venue**

Sydney Olympic Park Sports Centre  
Olympic Boulevard  
Sydney Olympic Park, NSW

### **1. Competition Rules**

The official 2007 AEROSkools Rules and Guidelines can be found in the 2007 AEROSkools Resource Kit (Release 7).

### **Competition Equipment**

Equipment used in the Championships will be as follows:-

#### **1. Competition Floor Surface**

Gymnastics Australia's official equipment supplier, ACROMAT, will construct a flooring system which measures 7m x 7m (square). The floor surface will be composed of rubber based wooden floor panels finished with a wooden laminated top surface that meets FIG requirements.

#### **2. Stereo Sound System**

The system will allow for the playback of CD's. Gymnastics Australia will supply the AEROSkools music. Teams are only required to bring their music CD for training purposes.

### **2. Training**

All AEROSkools Training will be held in the Sydney Olympic Park Sports Centre Warm Up area.

The following is a list of official training times. Note: AEROSkools training is included in the State Team Training times.

Wednesday 3<sup>rd</sup> October 2007 State Team Training (including AEROSkools)

10.00am – 12.00pm	QLD & TAS
12.00pm – 2.00pm	VIC
2.00pm – 4.00pm	SA & WA
4.00pm – 6.00pm	NSW

Please note that Training MUST be completed by the times listed above. NO EXTENSIONS to training times can be negotiated.

Reminder: It is a State Delegation responsibility to co-ordinate and organise their own training session within the times listed above. A Gymnastics Australia representative will be present to assist, NOT co-ordinate your team.

### **3. Competition Warm-up**

Competitors and coaches can enter the warm-up area at 11.30am on the 4<sup>th</sup> October 2007. Athletes will not be allowed access to the competition floor. There will be four ( 4) 7m x 7m squares marked on the floor in the warm-up area.

### **4. Movement to and from the Competition Floor**

Athletes will move from the warm-up area to the marshalling area three (3) routines before they will compete

### **5. Backstage Preparation**

No formal backstage preparation schedule has been prepared. Athletes should be backstage a minimum of five (5) performances prior to their own and present to the Backstage Manager. Failure to present on the competition floor within a designated time after being announced could cause DISQUALIFICATION. YOU MUST CHECK THE ORDER OF WORK AND BE PREPARED.

### **6. AEROSkools Coaches Briefing**

The AEROSkools National Coordinator, Karon Williams, will conduct the Coaches Briefing in the backstage warm up area commencing at 12.00pm on the 4<sup>th</sup> October. It is compulsory for the Head Coach (or their representative) be present for this briefing.

The following will take place at the Briefing:

- Changes to the Order of Work
- Competition Logistics will be explained
- Medical services explained
- Questions and answers

### **7. Judges Briefing**

A Judges Briefing will take place on Thursday 4<sup>th</sup> October at 11.30am in Function Room 1 on the competition floor level of the Sydney Olympic Park Sports Centre. The briefing is compulsory for all judges who have been invited to officiate at the 2007 Championships.

The Briefing will be conducted by the Chair of the Judges Panel – Karon Williams.

### **8. Order of Work**

The latest Order of Work will be handed to you at registration. Please check to make sure your listed entries are correct. The Order of Work will also be posted backstage so please ensure that you follow the competition so you know exactly when your teams will be competing.

It is very important that you follow the directions given by the Event Marshals.

The latest updated Order of Work can also be found on the AEROSkools website located at: [www.aeroskools.com.au](http://www.aeroskools.com.au) listed under Events.

## **GENERAL INFORMATION**

### **1. Championship Office**

The Championship Office will be located in Auditorium 1 at the Sydney Olympic Park Sports Centre (next to the reception office). The Championship Office will be attended daily between 10.00am and 5.00pm throughout the event.

All information and results can be collected from this office.

Only the Head of Delegation/Coach of each school will be able to collect all information, results and event t-shirts.

Each athlete will receive an event T-Shirt as part of their entry fee package. Your pre-ordered T-Shirts will be available for collection in the Championship office. Gymnastics Australia will only have a limited number of event T-Shirts on sale during the event. T-Shirt cost will be \$22.00.

### **2. Accreditation**

There will be formal accreditation cards issued for all personnel and competitors at this event. Accreditation will be issued when you register your teams on arrival.

Only athletes, coaches, judges and medical personnel will be accredited to the competition level of the Sydney Olympic Park Sports Centre.

### **3. Delegation Seating at the Competition Venue**

Seating has been made available for all athletes, officials, judges and event volunteers when not involved on the competition floor. Athletes, coaches, judges and officials not participating in a session are requested to assist by utilizing the spectator area to ensure that the warm-up area can remain free for competing athletes. There will be no access from the seating to the competition floor.

### **4. Medical Services**

Gymnastics Australia's Medical Officer will be in attendance throughout training and competition.

Hospital: Westmead Hospital  
Cnr Hawkesbury & Darcy Roads  
Westmead  
Phone 02 9845 5555

## **5. Medal Presentations**

Medal presentations will be conducted at the completion of competition on Thursday 4<sup>th</sup> October commencing at approximately 4.45pm.

All competing athletes are expected to be present for the Medal Presentations in either competition attire or school tracksuit. NO CASUAL DRESS ALLOWED.

## **6. Parking**

P3 Parking Area will be available throughout the event. Each school will be issued with 2 passes to the parking area at the rear of the Sydney Olympic Park Sports Centre.

## **7. Athlete/Official Entrance**

Sydney Olympic Park Sports Centre is a Ticketed Venue. All accredited Athletes, Coaches, Judges and medical staff will be required to enter via a ramp at the front of the venue. Entry will be monitored throughout the event. All other accredited delegation members will enter via the upper spectator entrance.

All team members must have their event accreditation with them at all times. Anyone with no accreditation will be required to purchase a spectator ticket to enter the spectator seating area.

## **8. Spectator Admission**

All spectators will enter via the top door of the Sydney Olympic Park Sports Centre.

Entry Fees for spectators will be as follows:

	<b>1 Day</b>	<b>2 Days</b>	<b>3 Days</b>
<b>Adult</b>	\$15	\$25	\$35
<b>Concession</b>	\$10	\$15	\$20
<b>Family</b>	\$40	\$65	\$90

## **9. Event Photographer**

There will be an official event photographer present at all sessions. Photos taken from the event will be on display at the event for purchase and

displayed on the photographer's official web site for the purchase after the event.

Gymnastics Australia reserves the right to use any of the images from the event in publications and promotions. Any objection must be made in writing to Gymnastics Australia.

Should there be any individuals who do not wish to have their images published on the website, team managers should advise the Championship Director – Russell Smart – who will liaise with the photographer.

Event Photographer: Super Sport Images

Website: [www.supersportimages.com](http://www.supersportimages.com)

## **PARTICIPATING SCHOOLS**

- Abbotsleigh NSW
- All Saint's Catholic College NSW
- Antonia Catholic School SA
- Bethel Christian School NSW
- Billanook College VIC
- Catholic Ladies College VIC
- Dodges Ferry Primary School TAS
- Fountain Gate Primary School VIC
- Freeman Catholic College NSW
- Heathdale Christian College VIC
- Ivanhoe Girls Grammar VIC
- Kadina Memorial High School SA
- Loreto Mandeville Hall VIC
- Melbourne Girls College VIC
- MLC Sydney NSW
- Moreton Bay College QLD
- Mt Lilydale Mercy College VIC
- Mt St Michael's College QLD
- Melbourne Grammar VIC
- Nagle College NSW
- Our Lady of Mercy College VIC
- Pembroke Secondary College VIC
- Pymble Ladies College NSW
- Pascoe Vale Girls' College VIC
- Ringwood Secondary College VIC
- Romsey Primary School VIC
- Siena College VIC
- St Helena Secondary College VIC
- St Margaret's School VIC

- Strathcona Baptist Grammar VIC
- Sunbury College VIC
- St Stephen's College QLD
- Tara Anglican School for Girls NSW
- Trinity Catholic College NSW
- Tallebudgera State School QLD
- Woodleigh School VIC

## **PARTICIPATING STUDENTS**

Angela White Abbotsleigh

Belinda Anderson

Claudia Ware

Georgia Shaw

Hannah Woodford

Larissa Cheng

Larissa Pasternatski

Lily Clifton

Madeline Clareborough

Margot Duncan

Melanie Roy

Rosemary Stewart

Sarah Merewether

Sophie Hamilton

Annamaria Collucio

All Saints Catholic Girls College

Christina Gullo

Emma Berriman

Gabrielle Quinn

Gemma Tsakonas

Karren Valdez

Kaylah Picker

Naomi Price

Natalie Dixon

Nina Teroganova

Olivia D'Argent

Pamela Saroukos

Shanelle Feillafe

Annalise Smart

Antonio Catholic School

Cameron Eeles

Whitney Goldsmith

Andrea Sevilla

Bethel Christian School

Avidelle Oreas

Jen Ri

Julie Kim

Mikaela Barnett

Racel Szep

Zephaniah Sulangi

Jamie Allen	Billanook College
Lauren Collet	
Samantha Laver	
Braide Mullane	Catholic Ladies College
Erin Maher	
Heather Neilson	
Maeve Stewart	
Amy Prestage	Dodges Ferry Primary School
Ben Sarossy	
Kirsten Forrest	
Skye Dunning	
Siobhan Stewart	
Emily Tiberi	Fountain Gate Primary School
Gumna Perera	
Irene Jong	
Kayla Payet	
Natalie Wickens	
Rachel Tiberi	
Sowmiya Sathiyaseewa	
Jessica Koppman	Freeman Catholic College
Lucy Commisso	
Stephanie War	
Cassidy Pettigrew	Heathdale Christian College
Chloe D'Angelo	
Courtney Katic	
Dominique Gardner	
Ebony Biden	
Julia Paris	
Katherine Ibrahim	
Rebecca Elliston	
Sarah Woolley	
Susan Ellerton	
Anna Sporton	Ivanhoe Girls Grammar
Argine Harutyunyan	
Emily Livy	
Clarissa Shortland	
Georgia Cogan	
Kaitlin Jempson	
Kristen Lightfoot	
Kristen Mihalos	
Lauren Ellis	
Michelle Akhidenor	
Anna Wapper	Kadina Memorial High School
Brooke Bussenschutt	
Donna Herrity	
Elise Hallion	
Jemah Penney	
Karah Penney	
Prue Hicks	
Alice Date	Loreto Mandeville Hall

Amelia Freezer  
Anna Hughes  
Avalon Frawley  
Bridgette Gorman  
Bridie Greene  
Carla Ardi  
Carolyn Shembrey  
Chiara Ardi  
Eden Abat  
Eliza Grant  
Eliza Quinert  
Emily Pakis  
Erica Sinni  
Francesca Broome  
Hannah Jones  
Isabella lafrate  
Katherine Papageourgi  
Maddie Gorman  
Matilda Sholly  
Paige Burton  
Sarah White  
Sam Woodley  
Sophie Tostevin  
Stephanie John  
Stephanie Skerrett  
Tayla Daniel  
Tess McPherson  
Xanthe Kaneilos  
Emily Davies  
Heloise Meighan  
Lilliam Meighan  
Aimee Meldrum  
Aimee Warrender-Spar  
Carina Petersen  
Elise Regan-Gomm  
Emily Sampson  
Emma Verloop  
Georgia Brown  
Harriet Tucker  
Isabelle Fent  
Madeline Ellis  
Mia Albers  
Monique Farmer  
Rosalie Lord  
Tanya Harle  
Annie-Rose Wright  
Catherine Bainionis  
Charlie Faulkner  
Charlotte Hoy  
Claire Trumble

MacRobertson Girls High School

Melbourne Girls College

Melbourne Grammar

Claudia Trotter  
Ellie Grioriadia  
Hattie Chew  
Kahlia Davis  
Lauren Mitchell  
Liv Grimwade  
Maddie Guest  
Nikki Allen  
Pepi Hosking  
Pryanka Utoma  
Rob Renzella  
Sarah Udovenya  
Sophie Thomson  
Sophie Turner  
Sylvie Goetz  
Taylor Fletcher  
Celine Truong  
Elizabeth Yes  
Georgia Brooks  
Isobel Graham  
Ivy Tang  
Kate Sullivan  
Lauren Leudecke  
Mia Brescia  
Rebecca Chou  
Sarah Luedecke  
Emily Beal  
Lucy Fardoulis  
Rebecca Anderson  
Asha Hirshfield  
Emily Atherton  
Gemma DeLeo  
Georgia Fraquer  
Natalie Middle mast  
Shea Bilton-Gough  
Allana Neumann  
Amy Carter  
Bianca Polino  
Caitlin Fyfe  
Chelsea Allen  
Chelsea Rosso  
Chloe Barnes  
Eliza Buckingham  
Emili Matsumoto  
Emily Simmons  
Emma Rossi  
Emma Slattery  
Genevieve De Michele  
Harriet Aldridge  
Kate Hawke

MLC Sydney

Moreton Bay College

Mt Lilydale Mercy College

Mt St Michael's College

Kathleen Duff  
Kathleen Duffy  
Matilda Coleman  
Megan Gannon  
Nikayla Lewis  
Phoebe Kurth  
Rebecca Duff  
Sarah Carter  
Shari James-Abel  
Sophie Tighe  
Talia DeMarco  
Taylor Reed  
Victoria McGuire  
Victoria Windsor  
Zara Gannon  
Emelia Hawkins  
Katherine McConnachie  
Lesley Clarke  
Madison Regan  
Marijana Kresic  
Molly Carroll  
Sarah Copping  
Amalia Mauceri  
Anne Blake  
Jessica Casamento  
Maria Smith  
Melody Grose  
Natasha Fasel-Murphy  
Rebecca Weterings  
Allison Manefield  
Amanda Yew  
Ashleigh Gleisner  
Ashleigh Matterson  
Eloise Syaranamual  
ErinFacchin  
Holly Hudson  
Kaitlyn Davey  
Kate Van Der Kran  
Rosie Osborne  
Lucy Hughes  
Vanessa Vilani  
Lauren Punch  
Nicole Sprague  
Stephanie Caldwell  
Stephanie Krueger  
Elyse McMurrin  
Katarina Weber  
Maggie Hung  
Lana Roden  
Madeleine Arnott

Nagle College

Our Lady of Mercy College

Pascoe Vale Girls College

Pembroke Secondary College

Pymble Ladies College

Ringwood Secondary College

Natalie Yates	
Elke Smith	Romsey Primary School
Katy Quinn	
Lauren Connell	
Adrianna Gallioto	Siena College
Holly Mason	
Jessica De Luca	
Megan Wilson	
Melissa Morali	
Monica Ludekens	
Sienna Partington	
Stephanie McKenzie	
Victoria Harris	
Brydie Taylor	St Helena Secondary College
Ellie Jordan	
Georgia Newland	
Kahly Teeper	
Alisha Owen	St Margaret's School
Brittany Chiefalo	
Caitlin Murphy	
Emily Ward	
Gabby Haynes	
Jessica Olschyna	
Melanie Held	
Mevani Amarasinghe	
Millie Shone	
Molly Delaney	
Rachel Bolitho	
Sabrina Quinn	
Stephanie Murphy	
Verity Cooper	
Alyssa Ashmore	St Stephen's College
Caitlin Thibault	
Maddison McCreedy	
Elizabeth Reilly	Strathcona Baptist Grammar
Kate Nelson	
Sally Hankin	
Amy Baker	Sunbury College
Ashley Mastin	
Ashley Whitehead	
Carly Harrison	
Jessica Baker	
Natasha Clarke	
Alison Date	Tallebudgera State School
Amber Lees	
Aymee Steaford	
Bridie Anstee	
Corrina Delaney	
Courtney Monsma	
Grais Howell	

Hayley Clark  
Jewel Nanyonga  
Kadek Roberts  
Kim McDonald  
Mikayla Bradley  
Mikayla van Kampen  
Nicole Allen  
Nikala Hombosh  
Rochelle Buschkuel  
Rochelle De Snoo  
Teaghan Laign  
Ashleigh Fossey  
Bonnie Galloway  
Jessica Stott  
Karina Topolovec  
Nicole Alevras  
Stephanie Keily  
Amy Behan  
Emma Behan  
Tahlia Gregori  
Alina Turek  
Audrey Turek  
Brianna Maginness  
Ella McGrath  
Ella Mason  
Hayley Maginness  
Kristina Hardner  
Micaela McGeoch  
Molly Reid  
Stephanie Brown

Tara Anglican School

Trinity Catholic College

Woodleigh School

